



# APPLEWOOD RETIREMENT RESIDENCE

## DECEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1 10:15 Coffee Club Good Friends/Great Coffee 2:40 "ACES OF HARMONY" Men's Chorus In the Theatre Room <b>Please be seated by 2:30</b></p> <p>7:00 Sat Night at the Movies</p>
<p>2 10:00 Visit w Therapy Dogs 11:00 Catholic Mass</p> <p><b>2:00 CHURCH SERVICE</b> W Salvation Army Service</p> <p>3:30 Paul's Korean Church Family Christmas Choir 7:00 Applewood Movie Night</p>	<p>3 10:00 Fun &amp; Fitness Group 10:30 Coffee Club 2:00 Card Bingo 3:15 Meet our new Maintenance Man - Scott and wish Ted the very best In the Theatre Room 6:45 Progressive Euchre Club 8:00 Friends of the Round Table</p>	<p>4 9:30 Knitting &amp; Quilting 10:00 NEW Exercise Program 10:30-1:00 Friendship Rm Christmas SOAP SALE Wonderful scents &amp; gift ideas 2:00 Carol Singing w Dan Armstrong</p> <p>6:45 - 8:00 Ptbo Youth Group Playing games &amp; sing carols In the Friendship Room</p>	<p>5 10:00 Fun &amp; Fitness 10:30 Coffee Club 2:00 Monthly Birthday Party W Mapleridge Refreshments to Follow 6:45 Bible Study Group In the Library - 3<sup>rd</sup> Floor</p> <p>7:00 Manicures - File &amp; Polish 8:00 Friends of the Round Table</p>	<p>6 9:30 Shuttle to Lansdowne 10:00 NEW Exercise Program 10:30 "VIEWS &amp; IDEAS" 2:00 Christmas Service w Trinity Church Fellowship Time to Follow 3:00 SSFC Students are Here 7:00 Spin the tunes w Steve 8:00 Friends of the Round Table</p>	<p>7 10:00 Fun &amp; Fitness 10:30 Coffee Club 1:45 Spin &amp; Win Bingo</p> <p>3:00 Happy Hour W Kathy V.</p> <p>6:45 Progressive Euchre Club 7:00 Front Lobby Vinyl Party</p>	<p>8 10:15 Coffee Club Good Friends/Great Coffee 2:00 - 4:00 Applewood Staff Children's Christmas Party</p> <p>7:00 Sat Night at the Movies In the Theatre Room</p>
<p>9 10:00 Visit w Therapy Dogs 11:00 Catholic Mass 2:00 Edmonson Heights Bible Chapel Christmas Pageant 3:00 Sunday Social 6:45 Ferndale Church</p>	<p>10 10:00 Fun &amp; Fitness 10:30 Coffee Club 2:00 Making Fudge w Angie</p> <p>3:15 Making Small Christmas Arrangements Please Sign Up ☺ 6:45 Progressive Euchre Club 8:00 Friends of the Round Table</p>	<p>11 10:00 Exercise Program 10:15 Coffee Club 2:00 Discussion Group Celebrate Christmas Around the World In the Theatre Room 6:45 Sing a long Carols W Leslie &amp; Gail in the Friendship Room</p>	<p>12 10:00 Fun &amp; Fitness 10:30 Coffee Club 2:00 Res &amp; Family Christmas Party</p> <p>6:45 Bible Study Group 8:00 Friends of the Round Table</p>	<p>13 9:30 Shuttle to Wal-mart 10:00 NEW Exercise Program 10:30 "VIEWS &amp; IDEAS"</p> <p>2:00 Afternoon Music W Doug Morgan 7:00 Spin the tunes w Steve 8:00 Friends of the Round Table</p>	<p>14 10:00 Fun &amp; Fitness 10:30 Coffee Club 1:45 Spin &amp; Win Bingo 3:00 Happy Hour W Front Porch Country 6:45 Progressive Euchre 7:00 Front Lobby Vinyl Party</p>	<p>15 10:15 Coffee Club Good Friends/Great Coffee</p> <p>2:00 Country Buddies Christmas Show</p> <p>7:00 Sat Night at the Movies In the Theatre Room</p>
<p>16 10:00 Visit w Therapy Dogs 11:00 Catholic Mass 2:00 CHURCH SERVICE w DONALD JONES 3:30 Eileen Hennessey 7:00 Applewood TV Night</p>	<p>17 10:00 Fun &amp; Fitness Group 10:30 Coffee Club 1:45 St Martin's School Christmas Concert 6:45 Progressive Euchre Club 8:00 Friends of the Round Table</p>	<p>18 10:00 Exercise Program 10:15 Coffee Club 2:00 Christmas Communion With St. Luke's Church Fellowship time to Follow **Everyone Is Welcome 6:45 FERNDAL CHURCH Narrative Christmas Story</p>	<p>19 10:00 Fun &amp; Fitness Group 10:30 Coffee Club 2:00 A Christmas Hoe Down W the "Havenly Fiddlers" 3:00 Meet &amp; Greet 6:45 Bible Study Group 7:00 Manicures - File &amp; Polish</p> <p>8:00 Friends of the Round Table</p>	<p>20 9:30 Shuttle to Dollar Store 10:00 NEW Exercise Program</p> <p>2:00 Carol Singing w Margaret</p> <p>7:00 Spin the tunes w Steve 8:00 Friends of the Round Table</p>	<p>21 10:00 Fun &amp; Fitness 10:30 Coffee Club 1:45 Spin &amp; Win Bingo 3:00 Happy Hour W Bill Dickinson 6:45 Progressive Euchre Club 7:00 Front Lobby Vinyl Party</p>	<p>22 10:15 Coffee Club 2:00 New Entertainer: Jeannette Van Vooren Plays the Sax, Guitar, Banjo And Sings 6:45 Christmas Light Tour A Bus has Been Rented ☺ PLEASE Sign Up !!!</p>
<p>23 10:00 Visit w Therapy Dogs 10:30 Focus Group W Neila 2:00 Church Service w Tom &amp; Susan 7:00 Movie Night</p> <p>30 10:00 Visit w Therapy Dogs 2:00 Church Service w Debbie &amp; Jesse 3:00 Sunday Social</p>	<p>24 CHRISTMAS EVE 10:30 Twas the Night Before.. 2:00 Christmas Eve w Darlene and the Shamrockers 7:00 MOVIE NIGHT 8:00 Friends of the Round Table</p> <p>31 10:30 Coffee Club 2:00 New Year's Party W Washboard Hank</p>	<p>25 MERRY CHRISTMAS 10:15 Coffee Club 2:00 Movie Afternoon Hot Apple Cider &amp; Christmas Cake 8:00 Friends of the Round Table</p> 	<p>26 BOXING DAY 10:30 Coffee Club 2:00 Movie Afternoon Egg Nog/ Christmas Cookies 3:00 Meet &amp; Greet</p> <p>6:45 Bible Study Group 8:00 Friends of the Round Table</p>	<p>27 9:30 Shuttle to Shopper's</p> <p>2:00 New Entertainer: Roberta Walker In the Theatre Room</p> <p>7:00 Spin the tunes w Steve 8:00 Friends of the Round Table</p>	<p>28 10:30 Coffee Club 1:45 Spin &amp; Win Bingo 3:00 Happy Hour W Randy Read 6:45 Progressive Euchre Club</p> <p>7:00 Front Lobby Vinyl Party</p>	<p>29 10:15 Coffee Club Good Friends/Great Coffee</p> <p>2:00 Piano Man DAN ARMSTRONG</p> <p>7:00 Sat Night at the Movies In the Theatre Room</p>



## HAPPY BIRTHDAY

Dec 20 Cissy G

Dec 22 Bertie K

Dec 26 Hugh G

Dec 30 Glenn P

## CHURCH SERVICES

Salvation Army **Sun 2 @ 2:00**

Catholic Mass **Sun 2, 9 & 16 @ 11:00 am**

Trinity Church Christmas Service **Thurs 6 @ 2:00**

St. Luke's Christmas Communion **Tues 18 @ 2:00**

Tom & Susan **Sun 23 @ 2:00**

Ferndale Evening Church 9 **Sun @ 6:45**

Donald Jones **Sun 16 @ 2:00**

Ferndale Church **Tues 18 @ 6:45**

Jesse & Debbie **Sun 30 @ 2:00**



## NEW RESIDENTS

Marg G



# CHRISTMAS TRADITIONS

**1818** – Silent Night was performed for the first time at St. Nicholas parish church in a small Austrian village. The lyrics were written by Joseph Mohr and the melody was composed by Franz Gruber. The song has been recorded by a large number of singers from every music genre.

**1892** – Tchaikovsky's The Nutcracker premiered in St. Petersburg, Russia. The music and ballet have since become a cherished holiday tradition.

**1843** – Charles Dickens' A Christmas Carol was first published in England. The story of Ebenezer Scrooge's redemption has been credited with restoring the holiday to one of merriment and festivity in Britain after a period of sobriety and somberness.

**1843** - Christmas Card exchanging holiday greetings via mail is a surprisingly recent tradition, with the first formal card hitting shelves in 1843. Designed by an Englishman named J.C. Horsley, the cardboard greeting showed a happy group of people participating in a toast, along with the printed sentiment, "A Merry Christmas and a Happy New Year to you." A thousand of them were printed that first year, and because it cost just a penny to mail a holiday hello to friends and family (the card itself was a shilling, or 12 times as much), the cards sold like hotcakes and a new custom was born.

**1962** - Holiday Kisses Q: When did Hershey's start wrapping its Kisses in holiday colors? A: Hershey's sold red and green foil-wrapped Kisses for the first time during the Christmas season.

**Dec 24<sup>th</sup>** is:

National Egg Nog Day! It celebrates a traditional holiday drink that can be enjoyed with or without rum.

**Eggnog**, historically also known (when [alcoholic beverages](#) are added) as **milk punch** or **egg milk punch**,<sup>[1][2][3]</sup> is a rich, chilled, [sweetened](#), [dairy-based beverage](#). It is traditionally made with [milk](#), [cream](#), sugar, whipped [egg whites](#), and [egg yolks](#) (which gives it a frothy texture, and its name) and served with [cinnamon](#) or [nutmeg](#) In some contexts, [distilled spirits](#) such as [brandy](#), [rum](#), [whisky](#) or [bourbon](#) are added to the drink.

Throughout Canada and the United States, eggnog is traditionally consumed over [Christmas season](#) every year, from late November until the end of the holiday season. Eggnog has also gained popularity in Australia.<sup>[4][5]</sup> A variety called [Ponche Crema](#) has been made and consumed in [Venezuela](#) and [Trinidad](#) since the 1900s, also as part of the Christmas season.

