













APPLEWOOD RETIREMENT RESIDENCE

NOVEMBER 2022

****MOST ACTIVITIES WILL HAVE A SIGN-UP SHEET**
****MASKS MUST BE WORN FOR ACTIVITIES & PLEASE SIGN UP**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
		<p>SACRIFICE TRIBUTE SOLDIERS REMEMBRANCE POPPY DAY VETERANS BRAVERY RESPECT HEROES LEST WE FORGET</p>			<p>11 Remembrance Day Gentle Exercises 11:00 & 11:30 2:00 CARD BINGO (LR) 3:00 Musical Afternoon The Donegal Fiddlers In the Theatre Room 6:45 Friday Night Cards</p>	<p>12 10:00 Coffee Club Friendship Rm 11:00 CHAIR YOGA 2:00 ROCKHILL EXPRESS</p> <p>7:00 Sat Night at the Movies In the Theatre Room</p>
<p>13 10:00 THERAPY DOGS NO MASS TODAY 2:30 DAN the Piano Man</p> <p>6:45 EVENING CHURCH SERVICE With Ferndale Church</p>	<p>14 2:00 Music with Eileen Hennessey</p> <p>6:45 CARD SOCIAL In the Friendship Rm</p>	<p>15 9:30 Knitting & Quilting 1:00-4:00 Shuttle For Medical Appts, ONLY</p> <p>2:00 Special Speaker David Edgerton from the Ptbo Legion</p>	<p>16 10:00 Coffee Club Gentle Exercises 11:00 & 11:30</p> <p>2:00 Afternoon Music With Don Van Halteren</p> <p>3:15 CARD GROUP</p>	<p>17 9:00 - Noon -SHUTTLE to Wal-mart</p> <p>10:00 – 2:00 CAROL'S GIFT BAGS FOR ALL AGES In the Large Room</p> <p>3:15 AFTERNOON CARDS</p>	<p>18 10:00 Coffee Club (FR) Gentle Exercises 11:00 & 11:30 2:00 CARD BINGO (LR) 3:00 Music on the Screen "Classical Music" In the Theatre Room 6:45 Friday Night Cards</p>	<p>19 10:00 Coffee Club Friendship Rm 2:00 Saturday Music With Leigh Kemp</p> <p>7:00 Sat Night at the Movies In the Theatre Room</p>
<p>20 10:00 THERAPY DOGS In the Large Room 11:00 Catholic Mass</p> <p>2:00 Church Service With Donald Jones (TR)</p> <p>6:45 Sunday Evening Cards</p>	<p>21 2:00 Spin & Win Bingo (LR)</p>  <p>6:45 CARD SOCIAL In the Friendship Rm</p>	<p>22 9:30 Knitting & Quilting 10:00 Coffee Club (FR) 1:00-4:00 Shuttle For Medical Appts, ONLY 2:00 Coloring For The Soul 3:15 Afternoon Cards</p>	<p>23 10:00 Coffee Club Gentle Exercises 11:00 & 11:30</p> <p>1:30 – 3:30 HOMEMADE JAMS & JELLIES for Sale In the Large Room</p>	<p>24 9:00 - Noon -SHUTTLE to Giant Tiger</p> <p>10:00 Coffee Club Gentle Exercises 11:00 & 11:30 1:30 CALLING on ALL Elves Decorating for Christmas !!!!!</p>	<p>25 10:00 Coffee Club Gentle Exercises 11:00 & 11:30 2:00 CARD BINGO (LR) 3:00 Musical Afternoon With Laurence Marks 6:45 Friday Night Cards</p>	<p>26 11:00 CHAIR YOGA With Emma (TR) 2:00 SATURADAY BINGO With JULIE</p> <p>7:00 Sat Night Cards</p>
<p>27 10:00 THERAPY DOGS In the Large Room</p> <p>6:45 FERNDAL CHURCH SERVICE</p>	<p>28 Spin & Win Bingo (LR)</p>  <p>6:45 CARD SOCIAL In the Friendship Rm</p>	<p>29 9:30 Knitting & Quilting 10:00 Coffee Club (FR) 1:00-4:00 Shuttle For Medical Appts, ONLY 2:00 St. Luke's Church Service 3:15 Afternoon Cards</p>	<p>30 10:00 Coffee Club Gentle Exercises 11:00 & 11:30</p> <p>2:00 Expose Travel to "Thailand"</p> <p>3:15 CARD GROUP</p>			



Nov 2 Dorothy Robinson

Nov 6 Gwen Ammann

Nov 8 Thelma Frizzle

Nov 12 Trudy Van Hoof

Nov 15 Don Smith

Nov 29 Bev Harris

Nov 19 Viola Christianson

Nov 29 Len Sawyer

Nov 26 Joanne Street

Nov 30 Grace Gilkinson

WELCOME OUR NEW FRIENDS

CAROL SIMPSON AND JANET HOLBEIN

Remembrance Day 

THANK YOU FOR YOUR SERVICE THEN, NOW
AND ALWAYS

Dog of the Month – Golden Retriever Golden retrievers are well known and admired for having cheerful, exuberant personalities, hard-working natures, endearing smiles, and lovely golden coats. It’s no wonder they are one of the most popular dog breeds and are often picked as family pets. They live 10 to 12 years and stand about 24 inches tall. While they are strong and active, they are also very gentle, affectionate, mellow, and snuggly. These highly adaptable, trainable, and eager-to-please pups were originally Scottish hunting dogs, trained to retrieve game. They are smart and do well as skilled workers, including tracking and locating contraband for police. They also make excellent therapy and service animals. The breed comes in three different shades: golden, dark golden, and light golden. They are also divided into English, Canadian, and American golden retrievers. However, they are all part of the same breed.

Flower – Chrysanthemum - November’s birth flower is the chrysanthemum. Commonly called mums, the vibrant perennial is a favorite of gardeners and florists alike. Chryso is Greek for “gold”; although mums grow in a variety of shades today, their wild ancestors were a brilliant yellow-gold hue. In addition to their beauty, mums are used for teas, wine, and medicine. Additionally, NASA has found that chrysanthemums planted indoors can clean the air of your home.

Birthstone – Yellow Topaz -Yellow topaz, known as “precious topaz,” is November’s birthstone. This stone was the symbol of Ra, the Egyptian sun god, because of its golden glow. Topaz was named for the ancient island of Topasos, now known as St. John. A topaz is most commonly found in shades of yellow. However, it also comes in other colors, including blue, red, orange, green, and black. Pure topaz itself is a colorless stone. A gift of a yellow topaz symbolizes friendship and hospitality. Topaz is said to give the wearer strength and mental clarity

