

APPLEWOOD RETIREMENT RESIDENCE

MARCH 2023

****MOST ACTIVITIES WILL HAVE A SIGN-UP SHEET
MASKS MUST BE WORN FOR ACTIVITIES & PLEASE SIGN UP



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 <u>Exercises 11:00 & 11:30</u> 2:00 Special Viewing of "ART is AGELESS" VIDEO STARING A FEW OF OUR RESIDENTS This short video will be hosted by Meg Murphy</p>	<p>2 9:00 – Noon- SHUTTLE It's Bank Day 10:00 Coffee Club <u>Exercises 11:00 & 11:30 (TR)</u> 2:00 MEN'S GROUP Games Afternoon 2:00 Bridge Group</p>	<p>3 NO Exercises Today FOR ALL STAFF/RESIDENTS 2:30 "LEV SENIOR LIVING" Launch Party. Presentation By Yaniv -Owner and Debbie -President</p>	<p>4 10:00 Coffee Club 2:00 Musical Afternoon With Leigh K In the Theatre Room 3:15 CARDS 7:00 Sat Night at the Movies In the Theatre Room</p>
<p>5 10:00 THERAPY DOGS In the Large Room 11:00 Catholic Mass 2:00 Salvation Army Church Service 6:45 SUNDAY CARDS</p>	<p>6 10:00 Coffee Club 2:00 SPIN & WIN BINGO (LR) 6:45 Evening Card Group In the Friendship Rm</p>	<p>7 9:30 Knitting & Quilting 10:00 Coffee Club 1:00-4:00 Shuttle 11:00 – 3:00 T-Ella Clothing Boutique Please join them in the LARGE Room 3:15 Afternoon Cards 6:30 Therapy Dog Visit</p>	<p>8 10:00 Coffee Club <u>Exercises 11:00 & 11:30 (TR)</u> 2:00 CLASSICAL CONCERT - #1 3:15 CARD GROUP</p>	<p>9 9:00 – SHUTTLE -Walmart 10:00 Coffee Club Friendship Rm <u>Exercises 11:00 & 11:30 (TR)</u> 2:00 CRAFT GROUP St. Paddy's Day Craft 3:15 AFTERNOON CARDS</p>	<p>10 10:00 Coffee Club (FR) <u>Gentle Exercises 11:00 & 11:30</u> 2:00 CARD BINGO (LR) 3:00 Musical Afternoon with Randy Read In the Theatre Room 6:45 Friday Euchre Night</p>	<p>11 10:00 Coffee Club Friendship Rm 11:00 CHAIR YOGA (TR) 2:00 WHO, WHAT, WHERE & WHEN 7:00 Sat Night at the Movies In the Theatre Room TURN YOUR CLOCKS AHEAD SPRING AHEAD !!!!!</p>
<p>12 Daylight Savings BEGINS 10:00 THERAPY DOGS 11:00 Catholic Mass 2:30 DAN the PIANO MAN 6:45 Ferndale Church Evening Service</p>	<p>13 10:00 - Our New Seamstress Donna Please sign up. 2:00 SPIN & WIN BINGO (LR) 6:45 Evening Card Group In the Friendship Rm</p>	<p>14 9:30 Knitting & Quilting 1:00-4:00 Shuttle 2:00 RESIDENT COUNCIL MEETING In the Theatre Room 3:15 Afternoon Cards 6:30 Therapy Dog Visit</p>	<p>15 10:00 Coffee Club <u>Exercises 11:00 & 11:30 (TR)</u> 2:00 Join Us for a new PARTY GAME Easy to play!!!! 3:15 CARD GROUP</p>	<p>16 9:00 - Noon -SHUTTLE to Dollar Store 10:00 Coffee Club Friendship Rm <u>Exercises 11:00 & 11:30 (TR)</u> 2:00 IRELAND AND ALL HER GLORY PRESENTAION By our Trent Nursing Students</p>	<p>17 Happy Paddy's Day 10:00 Coffee Club (FR) <u>Gentle Exercises 11:00 & 11:30</u> 2:00 St. Patrick's Party With the "Fiddle Styx Fiddlers" 6:45 Friday Euchre Night</p>	<p>18 10:00 Coffee Club Friendship Rm 2:00 ROCKHILL EXPRESS Music Show 7:00 Sat Night at the Movies In the Theatre Room</p>
<p>19 10:00 THERAPY DOGS In the Large Room 11:00 Catholic Mass 2:00 CHURCH SERVICE With DONALD JONES 6:45 SUNDAY CARDS</p>	<p>20 1ST DAY OF SPRING 10:00 Coffee Club 2:00 SPIN & WIN BINGO (LR) 6:45 Evening Card Group In the Friendship Rm</p>	<p>21 9:30 Knitting & Quilting 10:00 Coffee Club (FR) 1:00-4:00 Shuttle 2:00 St. LUKES CHURCH SERVICE 3:15 Afternoon Cards 6:30 Therapy Dog Visit</p>	<p>22 10:00 COFFE TIME WITH PAUL <u>Exercises 11:00 & 11:30</u> 2:00 BEAN BAG TOSS 3:15 CARD GROUP</p>	<p>23 9:00 - Noon -SHUTTLE to Giant Tiger 10:00 Coffee Club <u>Exercises 11:00 & 11:30 (TR)</u> 1:15 Outing to the Legion For an Elvis Show Tickets are \$15 pp</p>	<p>24 10:00 Coffee Club <u>Exercises 11:00 & 11:30</u> 2:00 CARD BINGO (LR) 3:00 Musical Afternoon With Keith Kirkpatrick 6:45 Friday Euchre Night</p>	<p>25 10:00 Coffee Club 11:00 CHAIR YOGA (TR) 2:00 WEEKEND BINGO 7:00 Sat Night at the Movies In the Theatre Room</p>
<p>26 10:00 THERAPY DOGS In the Large Room 2:00 Afternoon Music With Eileen Hennessy 6:45 Ferndale Church Evening Service</p>	<p>27 10:00 Coffee Club 2:00 SPIN & WIN BINGO (LR) 6:45 Evening Card Group In the Friendship Rm</p>	<p>28 9:30 Knitting & Quilting 10:00 Coffee Club (FR) 1:00-4:00 Shuttle 2:00 GOOD NEWS from AROUND the World 3:00 Afternoon Cards 6:30 Therapy Dog Visit</p>	<p>29 10:00 Coffee Club <u>Exercises 11:00 & 11:30 (TR)</u> 2:00 CLASSICAL CONCERT - #2 3:15 CARD GROUP</p>	<p>30 9:00 - Noon -SHUTTLE to Shopper's 10:00 Coffee Club <u>Exercises 11:00 & 11:30 (TR)</u> 2:00 Men's Group Games Afternoon 3:15 AFTERNOON CARDS</p>	<p>31 10:00 Coffee Club <u>Exercises 11:00 & 11:30</u> 2:00 CARD BINGO (LR) 3:00 Musical Afternoon With Bill Dickinson 6:45 Friday Euchre Night</p>	



CELEBRATE MARCH Birthdays

MARCH 3 DEE UNDERHILL
 MARCH 18 PHYLLIS HEWIE
 MARCH 16 RON CORLEY
 MARCH 23 URSULA FEITKNECHT
 MARCH 23 IRENE MILLS
 MARCH 25 ROSE BODIN

MARCH Horoscope

Those born from March 1–20 are Pisces' Fish. Pisces are incredibly sensitive and empathetic. They often tap into their boundless imaginations and dreamy attitudes to become accomplished artists.
 Those born from March 21–31 are Aries' Rams. Rams are headstrong, charging forward into adventures with confidence and ambition. Aries' charisma and confidence make them effective leaders.

WELCOME OUR NEW RESIDENTS/FRIENDS:

- DORIS SCHULZEK

SPECIAL EVENTS to LOOK UP IN THE APPLEWOOD CALENDAR

- A NEW BRIDGE GROUP IS STARTING UP
- T-Ella Boutique is here for a look at spring fashions
- We are having 2 LIVE classical music concerts
- Presentation on Ireland by our Trent students
- Keep a look out for our New Games on the 15th & 22nd

We Made Valentine Cookies with our Trent Nursing Students



BEFORE you go to bed on SAT MARCH 11 TURN YOUR CLOCKS FORWARD & SPRING AHEAD

St Patrick's Day:

On March 16th, 2023, we celebrate St Patrick's Day; a day that observes the death of St. Patrick, the patron saint of Ireland. This date represents the arrival of Christianity in Ireland.

Traditionally, the green stripe in the Irish flag represents the Catholics of Ireland, the orange represents the Protestant population, while the white in the middle represents peace between the two religions.

Here are some pictures from our interviews for the short video "ART is AGELESS"

